2 MILE WALKING ROUTE FROM

QUEENS MEDICAL CENTRE

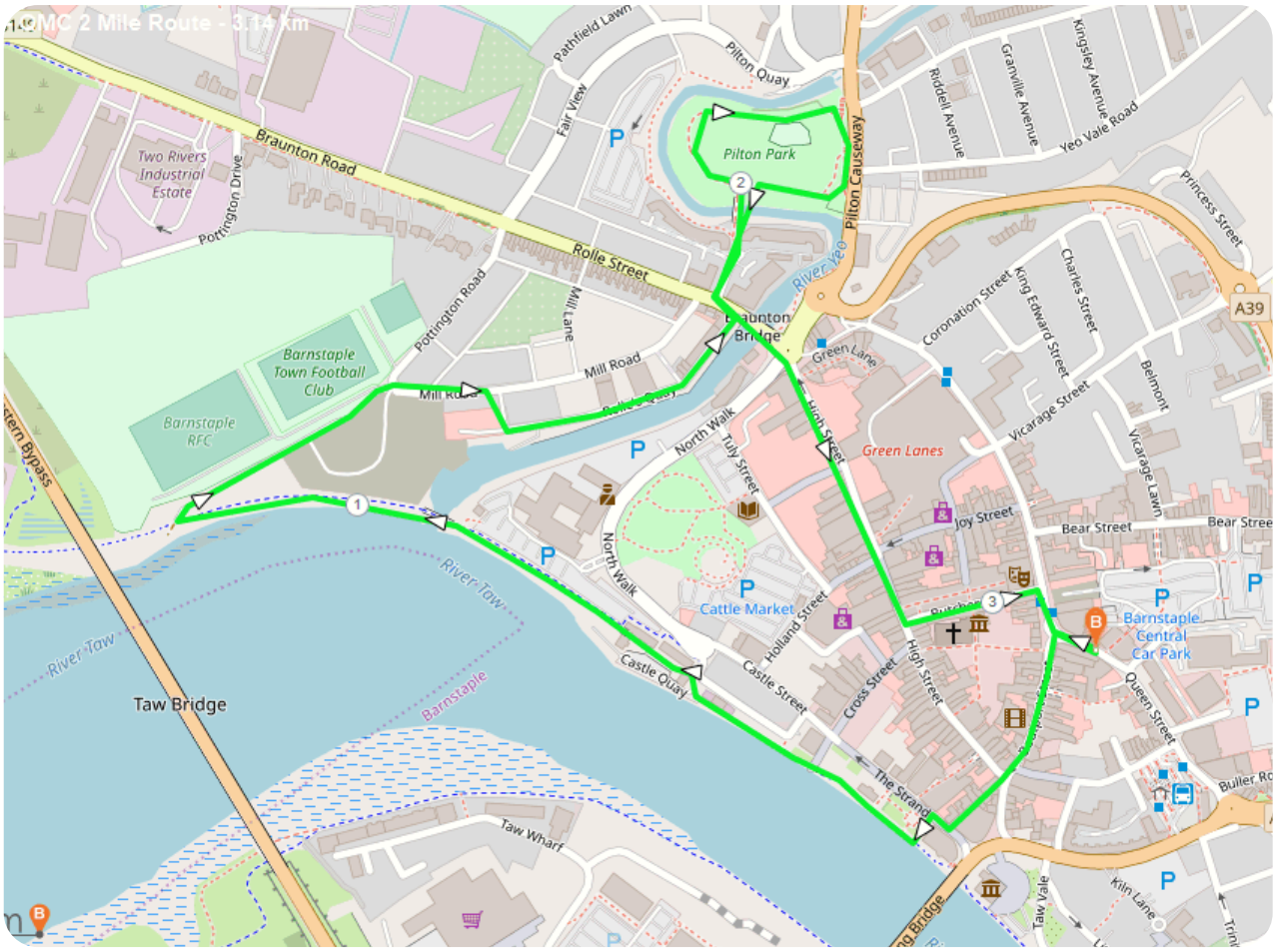
RIVER TAW - ROLLE QUAY - PILTON PARK

Pathway Prescriptions

Queens Medical Centre

OVERVIEW

A walk along the banks of the River Taw and Rolle Quay to Pilton Park, returning through the town centre and along the historic Butcher's Row.



NHS · Barnstaple Alliance Primary Care · Brannam Medical Centre · Fremington Medical Centre · Litchdon · Queens Medical Centre

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Pathway Prescriptions

DIRECTIONS

1. Starting from Queens Medical Centre, turn right along Queens Street. Take the first left on to Boutport Street. Follow the road to reach the Royal Fortesque Hotel on the left. Turn into the entrance to Maiden Street opposite the hotel. Follow the street to reach the Strand. Turn right.

2. Walk along the Strand for a short distance to the Watergate pub on the right. Cross the road here and follow the path along the edge of a grass area to reach the river Taw. Turn right and follow the river side path for approximately 1km through Castle Quay Court and a bridge over the River Yeo following signs for the coast path.

Scan the QR code for a detailed map and to download a GPX file

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DIRECTIONS

3. Just before the road bridge turn right on to a path towards Barnstaple Rugby Club. Walk through the car park area to reach a track, follow this to reach the road. Turn right and then take the first right to reach Rolle Quay.

4. Walk along Rolle Quay following the river Yeo to reach the Rolle Quay Inn at the junction with the main road. Cross the road and turn right into Mills Way. Follow the road to reach a footpath on the left, turn here and take the path over a bridge that crosses the river to reach Pilton Park.

5. Turn left and follow the path to walk around the edge of Pilton Park in a full circle returning to the footbridge.

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DIRECTIONS

6. Walk back across the footbridge and turn left following the path to reach Mills Way. Turn right and continue to reach the main road. Cross the road and turn left continuing over the bridge and crossing the road at the traffic lights. Turn left and then turn right into Barnstaple High Street.

7. Walk along the High Street for approximately 300m to the Pannier Market and a junction with Butchers Row. Turn left here.

8. Walk to the end of Butchers Row and turn right on to Queens Street. Follow the road for 100m to return to Queens Medical Centre on the right.

5. Scan the QR code for a detailed map and to download a GPX file

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